



CHRIST CHURCH PRESCHOOL & KINDERGARTEN

Daily Health Check

In order to keep our CCK community safe and healthy, we are asking each family to complete a daily "C C K" health check before bringing children to school. Each day, BEFORE you leave for school, we ask that you....

CHECK FOR SYMPTOMS

- Fever (100.4)
- Cough
- Shortness of breath or difficulty breathing
- Fatigue or lethargy
- Muscle, body aches or headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose (not related to seasonal allergies)
- Constant green or discolored nasal discharge
- Nausea, vomiting or diarrhea

CONSIDER THE IMPACT

- Will any of the above symptoms cause your child to pass along germs to others?
- Will any of the above symptoms cause your child discomfort at school?
- Will any of the above symptoms cause CCK staff to question whether your child should be attending school?

KEEP SICK KIDS HOME

- For 24 hours, fever-free without fever-reducing medication
- Until upset stomach (nausea or diarrhea) has been cleared up for at least 24 hours
- Until cough or runny nose is cleared up enough to not affect others
- Until a pediatrician has cleared your child to return to school