WINTER CALENDAR 2025

# The Disciple

News & Events at Christ Church Charlotte



Serve the World

...'I came that they may have

life and have it

to the full.'

- JOHN 10:10



...with a spiritual journey grounded in the life-giving message of Jesus Christ: Our wellbeing is rooted in faith and connection, not perfection. Join us for Faith Forum, small groups, and opportunities to support your own wellbeing and the wellbeing of others in our city.

In this issue are a few of the new programs and events being offered this winter. Visit the website at christchurchcharlotte.org for details about the full winter schedule.

#### **Weekly Worship Resumes January 5**

#### **SUNDAYS**

Church & Online 8:45 am Holy Eucharist All Saints' Hall & Online 8:45 am **Contemporary Eucharist** 11:15 am Discovery or The Bridge All Saints' Hall 11:15 am Holy Eucharist Church 5 pm Holy Eucharist Church

#### **WEDNESDAYS**

12 noon Wednesday Eucharist and Chapel Prayers of Healing

#### **THURSDAYS**

7 am Thursday Morning Eucharist

Chapel

and Bible Study



View the entire Church calendar with details and registration links at christchurchcharlotte.org/calendar

#### Sundays at 10 am

FAITH FORUM in All Saints' Hall	
JAN 5	The Emotional Life of Teenagers Lisa Damour, PhD See back page for details.
JAN 12	Understanding Mental Health & the Mental Health System Damon Tweedy, author, psychiatrist, and professor Candid talk about the challenges faced by Black professionals in predominantly white medical fields and the social determinants of health affecting Black communities.
JAN 19	Building Homes & Neighborhoods Laura Belcher, CEO, Habitat for Humanity A conversation about how Habitat builds up communities, from offering a path to home ownership for low-income families to deploying volunteers to Western NC after Hurricane Helene.
JAN 26	A Musical Journey from Grief to Hope Tony Sylvestri, lyricist, historian, and professor A discussion of evocative choral works, including Eric Whitacre's <i>The Sacred Veil</i> , an exploration of love, loss, and the enduring power of the human spirit that will be performed at Christ Church on Friday, January 24.
FEB 9	Relationships & Communication Lisa Cashion & Matthew Alexander Communication and other tools to create lasting love.
FEB 23	The Role of Religion & Spirituality in Wellbeing Tyler Vanderweele, professor An exploration of how faith and community engagement can be vital to an individual's holistic health, providing a scientific perspective on spirituality.

SCHOOL OF FAITH	
JAN 5	Basics of Faith: Introduction to 'The Good Book Beginning to End' (Green Room)
JAN 12	Soul Care: The Little Things Are the Big Things (M207)
JAN 12 & 26	Soul Care: Tactile Yarn Arts as a Spiritual Practice (M206)
JAN 12 - MAY 4	Weekly Word Bible Study (M204)
JAN 26 - MAR 30	The Episcopal Church: Basics and Beyond (Adult Confirmation) (Green Room)

#### **Adult Learning and Spiritual Growth**

First Wednesdays | 7 am | Blue Room Men's Big Breakfast

Wednesdays, January 8 - May 21 | 6:30 pm | M206 Women's Evening Bible Study (WEBS)

Thursdays, January 9 - April 10 | 10 am | Blue Room CCWBS Winter 2025: The Gospel of John

Mondays, January 13 - November 17 | 1 pm | Green Room & Online The Good Book Beginning to End

Wednesday, January 22 | 10:30 am | Blue Room Sages Conversation & Lunch: Reverend LeDayne McLeese Polaski

Sages Conversation & Lunch: Reverend Ledayne McLeese Pol

Sundays, January 26 - February 9 | 6 pm | M207 Wonderfully Made

Wednesday -Saturday, February 12 - 15 Adult Pilgrimage to Thistle Farms Nashville

Many other ongoing Bible studies and discussion groups will continue to meet. Visit the website for a complete list.

#### **Fellowship**

Mondays, February 3 - 24 | 9:30 am | M206 Tuesdays, February 4 - 25 | 1:30 pm | M206

Sacred Stitches: Knit/Crochet Prayer Shawls in Community

Monday, January 6 | 9 am | Green Room Women's Epiphany Coffee

Sunday, February 23 | Noon | Offsite

Young Adult Social: Charlotte Checkers Hockey Game

#### **Newcomers**

Sunday, January 12 | 10 am | Parlor Starting Point

Wednesdays, January 8 & February 5 | 5:30 pm | Green Room Newcomer Dinner

#### **Outreach**

Sundays, through March 30 | Overnight | Blue Room Room In the Inn

Thursday, January 16 | 3:30 pm | Galilee Center Christ Church Community Partners Forum

Sunday, January 19 | 12:15 pm | M207 Habitat House Kickoff Lunch

Thursday, February 6 | 5:45 pm | Rama Road Elementary School Rama Road Science & Math Night

Saturdays, February 22 - March 29 | 8 am - 4 pm | Offsite Christ Church Habitat Build

Sundays, January 5 & February 2 **Dignity Drive** 

#### **Wellbeing & Care**

Mondays | 11 am | Contemplation Room Simple Presence

Sundays, January 12 & 26 | 10 am | M206 Winter Wellness: The Spiritual Practice of Tactile Yarn Arts

Friday & Saturday, February 7 - 8

Cultivating Lasting Love: A Marriage & Relationship Workshop

#### Music

Friday, January 24 | 7:30 pm | Church *The Sacred Veil* Concert

Sunday, February 9 | 11:15 am | Church Holy Eucharist featuring Three Choirs Festival

Friday, February 21 | 7 pm | Church William & Mary Concert

Monday, March 3  $\mid$  7 pm  $\mid$  Blue Room Kimberly Butler in Recital

#### Children

Sunday, January 5 | 10 am
Sunday School and Children's Chapel Resume

Friday, January 10 | 9:30 am | CCK Christ Church Kindergarten Open House

Sunday, January 12 | 12:15 pm | Blue Room Navigators Minute-to-Win-It!

Saturday & Sunday, January 25 – 26

These Are Our Bodies

January 8 – 31 CCK 2025-2026 Registration

February 16 | Blue Room Navigators Host Room in the Inn

#### Youth

Sunday, January 5 | 10 am

Middle School Sunday School Resumes

Sundays, January 5, February 2, & March 2  $\mid$  6 pm  $\mid$  St. Francis C High School Youth Council

Sunday, January 12 | 10 am

Confirmation & High School Bible Study Resume

January 24 - 26
Youth Council Ski Trip

Wednesdays, weekly | 7 pm | deVries Home High School Life Group

Second & Fourth Sundays | 6 pm | St. Francis C Middle School EYC (Episcopal Youth Community)

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#### DON'T MISS THIS FAITH FORUM!

### **The Emotional Life of Teenagers** Lisa Damour, PhD

Sunday, January 5 | 10 am Online & All Saints' Hall

Damour, a child development psychologist, podcaster, and

popular author of *The Emotional Lives of Teenagers*, will join us online for a special Faith Forum as we explore how to support teens and their families with wisdom, empathy, and faith. Gather with us to watch in All Saints' Hall or view online at christchurchcharlotte. org/live.



#### SAVE THE DATE

## Women's Epiphany Coffee and King Cake

Monday, January 6 | 9 - 10:30 am | Green Room

All women are invited to drop by for coffee and King Cake at any time between 9 – 10:30 am. There is no cost and no registration is needed!

